

Paul McLachlan statement

Over a year ago, I was involved in implementing a WIFI network for over 100 desktop users. The office previously had desktops all hard wired. As part of the implementation, we created WIFI access points around the building and swapped the hard wired desktop units for individual laptops, each plugged in to docking stations. The laptops were either always on charge when plugged in to the docking stations or on WIFI when staff wanted to roam around the office and in meeting rooms.

A month after the implementation, I started to suffer badly from anxiety. This led me to sometimes not being able to think or get my words out while in the office. I started to work from home, and realised when I wasn't in the office I was fine.

I had always been into keeping fit and eating healthy, but these two topics became more of a disorder. The more anxious I became, the more I would spend on studying nutrition. I even implemented a water filter in our house, looking for every possibility on what was causing me to feel so bad.

Eventually, I came to the conclusion that all of this was caused by the stress of my job, and so I decided to hand in my notice. I started another role as a consultant working from home.

I started to research about Electro sensitivity and at first thought it was all one big joke. But it also scared me stupid! If I found out I was electro sensitive, how was I going to support my family? It had to be something else. My health check-ups were fine, I was regularly exercising and eating healthily, and I could now rule out stress at work, as my new job was a lot less intensive.

I decided to use logical methods to try to disprove the illness. One area I could never relax in was my kitchen, so I decided to switch off the electric flooring. Within a day of switching it off, I could relax in the area. I then started to reduce EMF and WIFI in my house. Again, in the rooms I managed to reduce it, the symptoms subsided.

I sometimes used to wake up in severe mental and physical pain. I decided to turn off the electric from the mains at night. I recommend everyone to go home and try this just for one night and see if it makes a difference how you feel in the morning. I started to have the best sleep I have ever had in my life and continue to do so. What I also noticed was my son stopped grinding his teeth at night after years of problems. As a family, we all got a good night's sleep.

I now have no WIFI and all equipment cabled. The anxiety has subsided, but as part of my job, I sometimes visit company offices where I frequently get severe neck and jaw pain and the anxiousness returns. I also have to be careful about when choosing places to stay when working away. I am currently learning and fast, how to reduce these risks.

What I was finding was once exposed to any type of EMF or high electric frequency, I seem to take longer to recover. Over the past year I have contacted other sufferers

who have the same symptoms and used the same preventions I have to stop any mental or neurological disorders. My conclusion is, this is very real. I feel normal when not exposed, symptoms return when exposed. The big question I have is what is all this radiation actually doing to all of us?

After Bath announced that 5G will be introduced in the City, I wanted to make the council aware of the pain this will cause so many people. It affects us all in the long term, our children especially. As a family living in Bath, we do not consent to the rollout.